



**MUSIC
OF
LIFE**

Annual Report & Accounts 2023



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Charity Overview

The charity was established in 2003 and since then has supported over 4,500 children. Our vision is of a world where disabled children and young people have the same access to music-making as any other child.

Through long-term engagement, the children experience the joy of making music, which positively impacts their academic performance, social life and health. Their schools, families and local communities also benefit from the improved health and well-being of the children.

We support children and young people aged 5 to 25 with a wide range of physical and learning disabilities, both individually and in group workshops in special needs schools. When they are ready, we help them to integrate into community-based activities such as joining a youth choir or playing in a band, which helps to widen their social circles and gain acceptance from their non-disabled peers. It also helps non-disabled groups learn how to accommodate the needs of our students and to value their contribution.

Our Vision

Our vision is for all disabled children and young people to be able to access, and benefit from, music-making opportunities.

Our Mission

Our mission is to build and strengthen the life skills, well-being and confidence of disabled children and young people through music-making

Our Programmes

- Choirs at Special Schools
- Music for Deaf Children
- Individual Music Lessons
- Teacher Training

INDIVIDUAL MUSIC OPPORTUNITIES
PROVIDED BY MUSIC OF LIFE IN 2023

34,280

4

2023 IN NUMBERS

1273

STUDENTS ATTENDING
GROUP SESSIONS

1340

DIRECT
BENEFICIARIES

122

STUDENTS RECEIVING
1:1 LESSONS

5

MUSIC FOR DEAF
CHILDREN SCHOOL
PROGRAMMES

10

CHOIRS IN
SPECIAL NEEDS
SCHOOLS

17

SCHOOLS WITH
INDIVIDUAL LESSON
PROVISION

Summary by Activity

170

DAYS OF MUSIC
PROVISION IN DEAF
SCHOOLS

252

CHORAL SESSIONS

2,982

INDIVIDUAL LESSONS

86

CONCERTS, ASSEMBLIES
AND COMMUNITY
ENGAGEMENT PROJECTS

Summary of music provision

1044

VOICES

36

KEYBOARDS

44

WOODWIND

18

STRING

22

PERCUSSION/
OTHER

120

MUSIC IN
CLASSROOM FOR
DEAF CHILDREN

11

MUSIC THEORY

23

FOLK /
TRADITIONAL

10

MUSIC
TECHNOLOGY

12

COMPOSITION

5

2023 Key Facts and Figures

Our beneficiaries' primary conditions*

PMLD (Profound and Multiple Learning Disability)	66%
Deaf / Hard of Hearing	20%
Physical disability	8%
Blind / Visually Impaired	6%

*Many of our students have more than one condition, with 63% also on the autistic spectrum.

82%

of our current students
are on Pupil Premium

Ethnicity

- White British/ White Other
- Global Majority Groups

Welcome from the Chair of Trustees



I am very pleased to report that Music of Life increased its income by 13% to a record £239,644. As a result we were able to maintain and increase the long-term support we provide to children and young people with disabilities.

The charity has maintained steady growth over the last 4 years with a 3X increase in the number of children participating in music-making sessions. Our success in offering alternative support through the pandemic allowed us to come out stronger, sustaining our ongoing relationships with our schools and providing continuity of engagement for our musicians. We are now building on that having completely transitioned back to our normal “live” services.

Funding

We ended the year strongly and on budget and are immensely grateful to all the Trusts, Foundations and donors who supported our work. Our challenge is to continue to build a steady stream of longer-term income so that we can further expand provision to more and more young students, build our organisation incrementally to create the essential capacity, and develop new services, especially for those leaving school who otherwise face the complete loss of access to music-making.

The Board

The Board continues to be actively engaged in the charity’s development. At the start of 2023, we welcomed 4 new trustees with expertise in finance, communications, and development. The Board met 6 times and set up 4 new sub-groups to focus on diversifying our income, creating an earned income stream, improving our social media presence and refining our risk framework.

During the year one trustee resigned due to ill-health and one due to pressure of work. We again conducted a skills audit and from May 1, 2024, we have been joined by a further 4 excellent people from diverse backgrounds who will further enhance the Board’s strength. Included in this group is a replacement for our Treasurer, Sarah Kolkman, who is moving to Finland. Sarah has made a huge contribution to Music of Life over the last 5 years, for which we are very grateful.

Advisory Council

The council was created in 2021 composed of experts in the education of children with special needs, including leading academics and researchers, partners from music education hubs, people with lived experience of disability and key individuals from charities working in the same field.

The Council continued to provide strong support in its 3rd year. We held 3 meetings and covered topics such as a review of our Music for Deaf Children programme and the charity’s ongoing development, the implementation of the National Plan for Music Education and a session on inclusion led by two Council members. We also heard reviews of members’ own activities and research.

Thanks

As always, I would like to thank Maria, our CEO, and all the outstanding music teachers who deliver our work, as well as our volunteer administrator, our fundraising contractor, and our independent book-keeping firm.

We are very grateful to the City Bridge Trust, the Karlsson Jativa Foundation, The Edward Gostling Foundation, The John Lyons Charity, The Headley Trust, The Noel Sweeney Foundation and all our other funders for their support. In addition we are enormously grateful to a loyal donor, who prefers to remain anonymous, for a large gift and their employer who matched it! This will appear in our 2024 accounts.

Looking ahead

Now in our 20th year, we are budgeting income growth of 19% in 2024 and an increase in programme expenditure of 23%. We have a well proven model which is capable of extension within existing and new geographic areas as we gain the necessary resources. The Board remain confident that Music of Life can continue to maintain its steady growth for many years to come.

CEO’s Report



It gives me great pleasure to report on 2023 as the best year to date for Music of Life, in which we saw a noticeable shift towards scaling up our delivery model through partnership work and shared funding.

We are very excited to have reached more young people than ever before through our regular activities and introduced a record number of new music practitioners to our projects, both through teacher training and ongoing team growth.

The young people we work with have blossomed in so many ways: evaluation and feedback brought some remarkable stories of individual achievements; new choirs were created that delivered smashing performances only weeks after they started; partnership projects with mainstream and local music hubs enabled our individual students, groups and choirs to perform at the Royal Albert Hall, Birmingham Conservatoire, Birmingham Symphony Hall and other concert venues; many students in our Individual Lessons programmes made progress through accredited schemes such as graded examinations and were able to perform solo in concerts and recitals as well as join youth groups and ensembles.

We are proud to have commenced a trial teacher training course at the Royal College of Music aimed at students who are interested in teaching music to Deaf and disabled children. The course consists of structured seminars, school visits and individual evaluation and offers a unique insight into the live programme at schools for Deaf children that we have been running since 2017.

Choirs in Special Schools

An area of swift growth for Music of Life, we introduced three new choirs in Sutton Coldfield in September through partnership with the Education Impact Academy Trust.

To deliver high-quality choral sessions in more schools, we continued to expand and strengthen our team of musicians and added new practitioners to our group of workshop leaders. Importantly, in 2023, we introduced professional growth opportunities for musicians with disabilities in our choral programmes by developing collaborations for them with other organisations, encouraging pathways towards employment for our older beneficiaries.

Music for Deaf Children

We continued to deliver in our London and Hertfordshire schools, enabling our students to grow in confidence and to thrive musically by attending weekly group sessions and learning instruments. This programme has the potential to expand rapidly once we have funding

and qualified music practitioners in place for new schools wishing to join the scheme. The effectiveness of the method has been demonstrated through years of uninterrupted provision, including during the pandemic.

Individual Lessons

Our individual lessons programme remained the pillar of our provision in several locations with lessons being delivered in a variety of settings. We have reintroduced 1:1 lessons in partnership with Resonate Hub, Liverpool through their “Furthering Talent” scheme; remained committed to all our students in Birmingham through an arrangement with Birmingham Services for Education; continued to work with students with special needs in some mainstream schools; strengthened the musical skills of Deaf students through lessons within the Music for Deaf Children programme.

In 2023, Music of Life provided weekly individual lessons for over 120 students, which is a significant cost to sustain annually. There is a growing number of partnership requests from local music services, demonstrating the urgent need for subsidised or free music lessons provision for special needs students. The overall majority of parents with disabled children cannot afford music tuition, but for many of our beneficiaries, the experience of learning an instrument with a specialist teacher is transformational, positively affecting many areas of their lives and wellbeing.

Teacher Training

In 2023, our training programme became more structured and is now largely divided into four main categories: practical training and work experience for practitioners to expand our Choirs team; upskilling and supervision for new practitioners for our Music for Deaf Children programme; developing work opportunities for young musicians with disabilities within our existing projects; commencing our Royal College of Music project aimed at students who are interested in exploring work with Deaf and disabled children. Additionally, from the start of 2024, Music of Life delivered seminars for local practitioners through regional music services, introducing mainstream music teachers to SEND work.

Maria Teterina, CEO

Individual Lessons Programme

Music of Life provides weekly 1:1 music tuition on a wide range of instruments and in various music genres.

Our lessons are delivered in a number of settings:

- Schools where we run choirs
- Schools for Deaf children as part of the music curriculum
- In partnership with local music services
- In partnership with other organisations, such as youth ensembles
- By individual arrangement

“

"I was told in advance of the first session with A that as I was a new person, the support staff expected the session to last no more than 10 minutes, but we ended up doing the full half hour and the young person was really engaged and positive. A teaching assistant wrote to me afterwards: "It surpassed all of our expectations in every way and your incredible manner with A made that happen."

Jonathan Hering, Music of Life teacher

”

“

"I can certainly see an increase in confidence in my student who no longer says "I won't do it because I am no good at it anyway", but started saying "I'll try and give it my best" instead. She also started playing in a band with mainstream students and mixes with them really well".

”

Lesley Davies, Music of Life teacher



Music for Deaf Children

Music for Deaf children has been designed and for several years exclusively implemented by professional Deaf musicians. Now it also enables hearing musicians to learn to work with Deaf children. It includes classroom provision, working in small groups with activities tailored very specifically for the needs of each age group; 1:1 instrument tuition and support for schools to enable Deaf students' participation in major music partnership projects.

In 2023 Music of Life delivered weekly music sessions and lessons in 5 schools for Deaf children:

- Frank Barnes School for Deaf Children (Camden)
- Roding Primary School (Woodford)
- Blanche Neville School (Haringey)
- James Wolfe School (Greenwich)
- Heathlands School (St Albans)



Royal Albert Hall

Two of our schools appeared at the Royal Albert Hall within a week of each other in April 2023.

Music of Life students took part in the Camden School Festival alongside over 2000 children and young people from primary and secondary schools across Camden, the Orchestra of the Age of Enlightenment and Camden youth bands. Claiming centre stage for a BSL performance, a group of Deaf students

from Frank Barnes School led the massed choirs in a signing version of the song that Ruth Montgomery had helped all the participating schools to learn in preparation for the event.

Only a week later, the Heathlands school pupils appeared at the Royal Albert Hall in the 2023 Hertfordshire Schools' Gala Give Life to Music.

Choirs in Special Schools

Our longest-running programme is celebrating its 10th anniversary in 2024, and our oldest choirs are turning 10, too.

Sessions for choirs ranging from small groups to whole-school size singing communities are delivered by teams of three professional musicians – two singers and a pianist. They involve school staff and provide a unique opportunity for everyone at school to enjoy an hour of great songs, singing games and musical fun every week during term time.

In 2023 we welcomed three new choirs to our cohort, which brought us to the total of 10 schools receiving weekly provision:

- Evergreen Primary School, Warwick
- Evergreen Secondary School, Warwick
- Selly Oak Special School, Birmingham
- Woodlands Special School, Coleshill
- Calthorpe Academy, Birmingham
- Bridge School, Birmingham
- Castle School, Cambridge
- Wilson Stuart School, Erdington (supported by Education Impact Academy Trust, EIAT)
- Mayfield School, Birmingham (supported by EIAT)
- Queensbury Horizons, Erdington (supported by EIAT)

Better Together, June 2023

Music of Life choir in Castle School, Cambridge, is part of Better Together – an ongoing collaborative project with another choir from a local primary school.

In 2023 they presented the first joint concert following a term of visiting each other and learning to sing and create friendships together. Supported by many of the school staff, the concert was a celebration of true inclusion and joy that music brings with it.



Inspiring the sector: Music of Life choirs at the launch of the “Birmingham SEND”, July 2023

Music of Life choirs from Calthorpe Academy and Selly Oak Trust School performed at the launch of Birmingham’s SEND and Inclusion Strategies to an audience of hundreds of headteachers and representatives from charities and organisations working within the sector.

The enthusiasm, confidence and skill of our young people absolutely captivated the room for the duration of the performance. Our team included professional singers and a pianist, as well as a young percussionist with special needs named Barney, who has been attending Music of Life sessions at his school for many years and gradually became

part of the band. With support from his family and the Music of Life team, Barney is currently on a work experience placement with Music of Life, supporting our choirs at their performances.

In the Summer term 2023, the Music of Life team of choral workshop leaders was invited by the Education Impact Academy Trust Birmingham to work with primary pupils from their three special schools to

put together a performance as part of the EIAT Festival that took place on the 11th July. Pupils from Wilson Stuart School, Queensbury School and Mayfield School delivered a smashing performance of songs they learned with our team in just 3 weeks. This success resulted in Music of Life teams being invited to lead the choirs in these schools on a weekly basis from September 2023.



From right to left:
Emma Cockbill (Pianist and Team leader), Suzzie Vango (Head of Choirs), Gina Baker, Charlotte Galloway (workshop leaders), Barney (Music of Life Young Musician), Maria Teterina (CEO)

Plans for 2024

2024 marks our 20th anniversary and we are excited to celebrate with all our beneficiaries, partners and teams through a series of concerts and events aimed at showcasing the achievements of our choirs, groups and individuals.

We will be engaging local communities through partnership events, blending our special schools’ choirs with local mainstream school choirs, and supporting our practitioners in delivering teacher training to a growing number of musicians interested in working with special needs students. A significant expansion of our Board of Trustees and further development of our organisational structure will underpin our strategic plan to grow the charity to maximise its reach for the benefit of more young people with disabilities.

Trustees' Report

For the year ending 31 December 2023

Introduction

The Trustees who are also the Directors of the limited company have pleasure in presenting their Report together with the financial statements of Music of Life Foundation Charity for the year ended 31 December 2023.

Legal and administrative information set out on page 23 forms part of this Report. The financial statements comply with current statutory requirements, the Articles of Association, applicable law and Statement of Recommended Practice: Accounting and Reporting by Charities 2019.

Structure, Governance & Management

Music of Life Foundation is a company limited by guarantee governed by its Articles of Association dated 12 November 2003 and amended by special resolution on 11 July 2019 to bring the Charity's governing documents into line with current company and charity law and good practice. The Charity is registered at Companies House as No. 4963498. It is a charity registered with the Charity Commission as No. 1102827.

The Foundation is managed by a Board, the members of which have the legal status of directors of the charitable company (the Charity) and are its Trustees for the purpose of charity law. The Board meets at least six times a year to have a close view on performance against objectives and to have more flexibility to react to arising issues.

Selection and Appointment of Trustees

The Trustees appoint new members by general agreement. Regular reviews are conducted to ensure that the Board has the necessary skills. New trustees take part in an induction process when they receive copies of the Charity's Articles of Association, are fully briefed on their obligations under charity and company law, and are given information on the decision-making processes, the financial performance of the Charity, the regular review of the Risk Assessment and the business plan.

Trustees with specific expertise brief the Board from time to time on current topics, more broadly trustees are encouraged to keep up-to-date with developments in the sector and to take advantage of the many training opportunities available from various bodies.

Objectives and Activities of the Foundation for the Public Benefit

Music of Life Foundation's objectives are the advancement of the education of disabled children in the arts and, in particular, the art of music by:

- Providing access to facilities for study, for creative development and access to both standard and creative organisations, on equal terms with other children,
- Organising of national and international musical events, competitions and concerts in which disabled children can participate thus helping them to realise their potential, and
- Supporting research undertaken into the educational and therapeutic use of the arts and in particular the art of music for the benefit of disabled children.

When reviewing the Foundation's aims and objectives, devising new programmes and setting policies for the year, the Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and complied with their duty under Section s17(5) of the Charities Act 2011.

Risk Management

The Trustees regularly review the major risks to which the Charity is exposed and take action where appropriate to mitigate them. The Trustees consider the two greatest risks to be

- the unpredictability and short-term nature of much of our funding to be the greatest risk in the short to medium term.
- the sudden loss of key individuals involved in the management of the charity and in delivering its programmes

We have focussed our fundraising on securing longer term grants. In December 2022, funding was secured from City Bridge Trust which will support part of our programme for the next five years. Further grants covering three year periods have also been secured.

We are seeking to mitigate the loss of key individuals by regular training of additional contractors, who shadow and work with our workshop leaders, and by adding a new role in the leadership team.

Financial Review

Total income was £239,644, an increase of 13% on 2022. We continue to be supported by a large number of Trusts and Foundations. Some of these trusts commit to multiyear funding, and many are regular funders. We are extremely grateful for the support of all of our funders.

Our overall charitable expenditure increased by 1% to £219,264 (2022: £216,424). We also spent £20,107 on fundraising activities, giving total costs of £239,371.

We start 2024 with restricted reserves at £67,747 - 19% higher than at the start of 2023. This is encouraging as we had seen a drop in these reserves in the prior year. The Trustees consider all projects to have sufficient funds for the academic year to which they are committed. We are continuing to secure funding for the 24/25 academic year to supplement the multiyear funding already secured.

Unrestricted reserves have however decreased during 2023 from £62,608 to £52,304 as we have used some of our unrestricted funds to support shortfalls in some programmes. In early 2024 we have received a significant boost to our unrestricted reserves which will enable the Trustees to determine the most appropriate use of the funds – assisting programmes with a shortage of funding and increasing the capacity of the organisation to manage growth, extending our provision into new areas.

In total, we are carrying forward reserves of £120,051 (2022: £119,778)

Going Concern

We will continue to focus on building long term relationships with new and existing funders. In addition to the funding mentioned above, we continue to actively apply for grants from Trusts & Foundations, and will further develop our Earned Revenue base.

The Board has adopted a rigorous risk assessment process to identify and mitigate any major risks. Consequently, the Trustees believe that it is appropriate to continue to prepare the accounts on a going concern basis.

Reserves Policy

The Trustees review the reserves policy at least annually, or on the occurrence of material changes in the Charity's activities. The Trustees have reviewed the Charity's requirements for reserves and have decided to hold a sufficient balance of unrestricted reserves to cover 6 months of planned expenditure to ensure financial stability and act as a safeguard against unpredictable income streams. In general, we do not commit to projects until funding is secured. These funds are usually received at the start of a project while expenditure follows on a monthly basis. At the end of 2023, free reserves were £51,992 which represents cover of 8 months. Free reserves are part of the charity's unrestricted funds that is freely available to spend on any of the charity's purposes. Free reserves are cash or liquid funds and do not include tangible fixed assets.

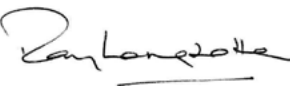
Statement Trustees' Responsibilities

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Companies Act 2006 and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company.

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the independent examination, but of which the Examiner is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the Examiner is aware of such information.

This report has been prepared in accordance with the special provisions of Part 15 of the Act relating to small entities.

Approved by the Board on 7 May 2024 and signed on its behalf:



R A Longbottom
Chair

Independent Examiner’s Report to the Trustees of Music of Life Foundation



JK Barnehurst Accounting Ltd

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 31 December 2023 which are set out on pages 15 to 21.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of the charitable company for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act"). The charity's trustees consider that an audit is not required for this year under Part 16 of the 2006 Act and an independent examination is required under Section 144(2) of the Charities Act 2011 ("the 2011 Act").

Having satisfied myself that the charitable company is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- follow the procedures laid down in the General Directions given by the Charity Commission under Section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

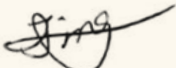
My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Jing Lu, Chartered Certified Accountant
JK Barnehurst Accounting Ltd
7 May 2024

Statement of Financial Activities

(For the year ended 31 December 2023)

		2023			2022		
	Notes	Unrestricted Funds	Restricted Funds	Total 2023	Unrestricted Funds	Restricted Funds	Total 2022
		£	£	£	£	£	£
Income From							
Donations	2	49,776	161,650	211,426	92,264	116,00	208,264
Invoiced income		15,228	12,533	27,761	-	3,467	3,467
Investment Income		457	-	457	392	-	392
Total Income		65,461	174,183	239,644	92,656	119,467	212,123
Expenditure on							
Raising Funds		20,107	-	20,107	18,616	-	18,616
Charitable Activities		71,105	148,159	219,264	52,022	164,402	216,424
Total Expenditure	3	91,212	148,159	239,371	70,638	164,402	235,040
Net Income/(Expenditure)		(25,751)	26,024	273	22,018	(44,935)	(22,917)
Reconciliation of funds							
Total funds brought forward		62,608	57,170	119,778	35,329	107,366	142,695
Transfer between funds		15,447	(15,447)	-	5,261	(5,261)	-
Total funds carried forward		52,304	67,747	120,051	62,608	57,170	119,778

Balance Sheet

At 31 December 2023

	Note	2023 £	2022 £
Fixed Assets	6	312	580
Current Assets			
Debtors	7	17,403	7,932
Cash at Bank		111,981	126,051
		129,384	133,983
Creditors: amounts falling due within one year	8	(9,645)	(14,785)
Net current assets		119,739	119,198
Total net assets		120,051	119,778
The funds of the charity			
Unrestricted funds	9	52,304	62,608
Restricted Funds	9, 10	67,747	57,170
Total charity funds		120,051	119,778

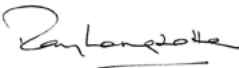
For the year ending 31 December 2023 the company was entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

Directors’ responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

These accounts were approved by the Board on 7 May 2024 and were signed on its behalf by:



R A Longbottom
Chair

Statement of Cash Flows

For the year ended 31 December 2023

	2023 £	2022 £
Cashflow from operating activities:		
Net cash provided by (used in) operating activities	(14,527)	(22,368)
Cashflow from investing activities:		
Interest received	457	392
Purchases of property, plant and equipment	-	-
Net cash from investing activities	457	392
Cashflow from financing activities:	-	-
Change in cash and cash equivalent in the reporting period	(14,070)	(21,976)
Cash and cash equivalents at the beginning of the reporting period	126,051	148,027
Cash and cash equivalents at the end of the reporting period	111,981	126,051

Reconciliation of net income/ (expenditure) to net cash flow from operating activities

	2023 £	2022 £
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	(184)	(23,309)
Adjustment for:		
Depreciation charges	268	268
(Increase)/decrease in debtors	(9,471)	(538)
Increase/(decrease) in creditors	(5,140)	1,211
Net cash provided by (used in) operating activities	(14,527)	(22,368)

Notes on Financial Statements

For the year ended 31 December 2023

1. Principal accounting policies

(a) Accounting convention

The financial statements have been prepared on a historical cost basis in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) – (Charities SORP FRS 102), and the Companies Act 2006.

(b) Company status

The Charity is limited by guarantee. The members of the company are the trustees named on page 23. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the Charity.

(c) Income recognition

Income from voluntary grants, legacies and donations are included in the Statement of Financial Activities when received unless the grant specifically funds the Charity’s expenditure, in which case income and expenditure are allocated to the relevant period and matched.

(d) Resources expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities. Support costs are those costs incurred directly in support of expenditure on the objects of the Charity and include project management. Governance costs are those incurred in connection with administration of the Charity and compliance with constitutional and statutory requirements.

(e) Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes. Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. Income arising on designated funds can be used in accordance with the objects of the Charity and is included in unrestricted funds. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

(f) Tangible fixed assets

Tangible fixed assets are depreciated on a straight line basis over their estimated useful lives as follows:

- Office equipment and website - 20% per annum

2. Donations

	Unrestricted	Restricted	2023 Total
	£	£	£
Donations for the year included:			
City Bridge Foundation		47,150	47,150
John Lyon's Charity		24,000	24,000
The Karlsson Jativa Foundation		20,000	20,000
The Edward Gostling Foundation		20,000	20,000
The Brian Murtagh Charitabe Trust		15,000	15,000
The Headley Trust		10,000	10,000
The Noel Sweeney Foundation		10,000	10,000
The Eveson Charitable Trust		7,500	7,500
The 29th May 1961 Charitable Trust		5,000	5,000
The Souter Charitable Trust		3,000	3,000
Masonic Charitable Foundation	5,000		5,000
Other Trusts and Foundations	1,000		1,000
Events and Individual Donations	43,776		43,776
Total	49,776	161,650	211,426

3. Analysis of total expenditure

	Staff Costs	Other Direct Costs	Depreciation	Governance costs	2023	2022
	£	£	£	£	£	£
Raising Funds	-	19,819	-	288	20,107	18,616
Charitable Activities	36,937	178,919	268	3,140	219,264	216,424
Total for Charity	36,937	198,738	268	3,428	239,371	235,040

Governance Costs Include	2023	2022
	£	£
Payroll fee	549	312
Independent examiner’s fee	956	954
Annual report design	1,100	1,100
Trustees recruitment	600	1,500-
Trustees expenses and meeting costs	137	1,260
Other governance costs	86	122
Total	3,428	5,248

4. Staff Costs

	2023	2022
	£	£
Staff costs were as follows:		
Salaries and National Insurance	36,043	32,976
Pension costs	894	802
Total	36,937	33,778

	2023	2022
	No.	No.
Administration and support	1	1
Total	1	1

No member of staff was paid £60,000 or more during the year (2022 - nil).

5. Trustees remuneration and expenses

No Trustees received any remuneration in respect of their services as a member of the committee during the year (2022: £nil). Trustees were reimbursed £nil for travel and other expenses (2022: £nil).

Notes on Financial Statements

(Continued...)

6. Tangible fixed assets

	2023			2022		
	Office Equipm't	Website	Total	Office Equipm't	Website	Total
	£	£	£	£	£	£
Cost						
At 31 December 2022	5,342	6,000	11,342	5,342	6,000	11,342
Addition	-	-	-	-	-	-
Disposal	-	-	-	-	-	-
At 31 December 2023	5,342	6,000	11,342	5,342	6,000	11,342
Depreciation						
At 31 December 2022	4,762	6,000	10,762	4,494	6,000	10,494
Charge for the year	268	-	268	268	-	268
Disposal	-	-	-	-	-	-
At 31 December 2023	5,030	6,000	11,030	4,762	6,000	10,762
Net book value						
At 31 December 2023	312	-	312	580	-	580
At 31 December 2022	580	-	580	848	-	848

7. Debtors: Due within one year

	2023	2022
	£	£
Trade Debtors	1,863	2,800
Prepayments	612	-
Accrued Income	14,928	5,132
Total	17,403	7,932

8. Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade Creditor	5,050	11,831
Accruals	4,595	2,954
Total	9,645	14,785

9. Movement in funds

	At 1 January 2023	Incoming Resources	Resources Expended	Transfer between funds	At 31 December 2023
	£	£	£	£	£
Unrestricted Funds	62,608	65,461	(91,212)	15,447	52,304
Restricted Funds	57,170	174,183	(148,159)	(15,447)	67,747
Total Funds	119,778	239,644	(239,371)	-	120,051

The unrestricted funds represent the free funds of the Charity which are not allocated for particular purposes.

The restricted funds relate to the development of projects started within the year but not completed by the year end.

10. Restricted Funds

	Funds for Individual Lesson programmes	Funds for Choral Workshops	Funds for Deaf Schools Programme in London	Funds for Teacher Training	Total
	£	£	£	£	£
Opening balance at 1st Jan 2023	25,429	18,086	13,655	-	57,170
New funds received	55,738	79,284	27,661	11,500	174,183
Transfer of funds to Project Administration	(5,684)	(10,341)	(5,194)	(1,500)	(22,719)
Expenses	(66,952)	(59,887)	(14,857)	(6,463)	(148,159)
Reserves transfer to cover Project Shortfall	7,272	-	-	-	7,272
Closing funds at 31 December 2023	15,803	27,142	21,265	3,537	67,747

11. Related party transactions

The Trustees in office during the year are listed on page 23. The trustees have no financial interests in the charity's results or assets and received no remuneration for acting in that capacity. There are no related party transactions for disclosure during the year.

Thank You to Our Donors

Our first priority is to sustain our current, long-term projects and we greatly appreciate the support of our funders who share our values and believe in the importance of continuous support. To meet the growing demand for our services we need to succeed in gaining new grants and in diversifying our income streams, particularly to secure multi-year funding.

Message from one of our major funders in 2023, Karlsson Jativa Charitable Foundation:

“Our relationship with Music of Life was initiated in the depths of the pandemic when other sources of funding were curtailed putting great pressure on the charity sector, especially on those with less access to public sector funding. We proactively prioritised grant making to organisations with a very focussed mission and proven track record. In this search, Music of Life stood out. As restrictions have eased, we have now had the opportunity to see the work first hand and the undeniable impact it is having on the beneficiary communities. We look forward to what promises to be a long term partnership.”



We would like to thank our individual supporters for their contributions that made it possible for us to enjoy more flexibility in our work:

Anonymous donor

Alaina Sandford

Jack Brierley

Birgitta Clift

James Cooper

Ray Longbottom

Anna McClarnon

Gerard Pottinger

Barry Short

Inigo Ugarteburu

Marilyn Vincent

Our Royal Parks Half Marathon Runner Fundraisers:

Oliver Irwin

Simon Longbottom

Gary Solomons



Legal and Administrative Details

Charity number: 1102827
Company number: 4963498
Registered address: 54 Portland Place
London, W1B 1DY
Trustees: Ray Longbottom (Chair)
Harvey Jones (resigned 30 November 2023)
Catherine Clarke (Vice Chair)
Sarah Kolkman (Treasurer)
Kunal Jhanji (resigned 1 May 2023)
Sophie Brüggemann
Stefano Filippi (appointed 2 January 2023)
Lily Harriss (appointed 1 February 2023)
Tristen Hennigs (appointed 1 March 2023)
Alexander McHardy (appointed 1 February 2023)
Emma Dearnaley (appointed 1 May 2024)
Belinda Kembery (appointed 1 May 2024)
Valentina Di Venuta (appointed 1 May 2024)
Gary Learmonth (appointed 1 May 2024)

Team
Maria Teterina, Chief Executive
Suzzie Vango, Head of Choirs
Ruth Montgomery, Music for Deaf Children Programme Lead
Emma Cockbill, Lucy Hollins, Gina Baker, Charlotte Galloway, Helena Raeburn, Workshop leaders
Shruti Soni, Accountant
Diana Cripps, Administrative Support (volunteer)
>50 music teachers and support musicians

Patrons
Evelyn Glennie CH, DBE
Denise Leigh
John Lubbock OBE

Advisory Council
Sophie Gray, Head of Inclusion, Services for Education, Birmingham
Evangelos Himonides, Professor of Technology, Education, and Music, UCL
Karen Irwin, Strategic Director (Children and Young People), Live Music Now
Julian Knight, Creative Director, Creative Futures (UK)
Kathryn Mason, Research Fellow, The Deafness, Cognition and Language Research Centre, UCL
Adam Ockelford, Professor of Music, Roehampton University and Founder, Amber Trust
Callum Russell, Disability Consultant, Crystal Eyes
Peter Smalley, Chief Executive, Northampton Music and Performing Arts Trust
Lorella Terzi, Professor of Philosophy of Education, University of Roehampton
Graham Welch, Professor & Chair of Music Education, UCL Institute of Education
Rachel Wolffsohn, General Manager, The OHMI Trust

Bankers:
The CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent, ME19 4JQ
Shawbrook Bank Ltd
Lutea House
Warley Hill Business Park
Brentwood
Essex, CM13 3BE

Independent Examiner: Jing Lu
Chartered Certified Accountant
JK Barnehurst Accounting Ltd
108 Manor Way,
Bexleyheath, DA7 6JN



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If you would like to fundraise for us, please find
Music of Life on Justgiving using this QR code



Contact us

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mofl@mofl.co.uk

www.musicoflife.org.uk

Registered address:
54 Portland Place, London W1B 1DY

Find us @musicoflifeuk

